







UltraSheer™ 15-20mmHg*, 20-30mmHg*, 30-40mmHg* **forMen** 15-20mmHg*, 20-30mmHg*, 30-40mmHg* **CasualWear** 15-20mmHg*, 20-30mmHg*
Opaque 15-20mmHg*, 20-30mmHg*, 30-40mmHg* **Relief** 20-30mmHg*, 30-40mmHg* **ActiveWear** 15-20mmHg*, 20-30mmHg*

SIZE	ANKLE 	CALF 	THIGH 	HIP 	HIP (Maternity)
S	7"-8 ¹ / ₄ " (18-21 cm)	11"-15" (28-38 cm)	15 ³ / ₄ "-24 ³ / ₈ " (40-62 cm)	28"-46" (71-117 cm)	32"-52" (81-132 cm)
M	8 ³ / ₈ "-9 ⁷ / ₈ " (21-25 cm)	11 ⁷ / ₈ "-16 ¹ / ₂ " (30-42 cm)	18 ¹ / ₈ "-27 ¹ / ₂ " (46-70 cm)	30"-50" (76-127 cm)	34"-56" (86-142 cm)
L	10"-11 ³ / ₈ " (25-29 cm)	12 ¹ / ₂ "-18 ¹ / ₈ " (32-46 cm)	21 ¹ / ₄ "-30 ³ / ₄ " (54-78 cm)	32"-54" (81-137 cm)	36"-60" (91-152 cm)
XL	11 ¹ / ₂ "-13" (29-33 cm)	13 ³ / ₈ "-19 ⁵ / ₈ " (34-50 cm)	23 ⁵ / ₈ "-32" (60-81 cm)	40"-65" (102-166 cm)	44"-71" (112-180 cm)
MT	8 ³ / ₈ "-9 ⁷ / ₈ " (21-25 cm) for shoe size > 12	11 ⁷ / ₈ "-16 ¹ / ₂ " (30-42 cm) for leg length > 19 ³ / ₄ " (50 cm)	_____	_____	_____
LT	10"-11 ³ / ₈ " (25-29 cm) for shoe size > 12	12 ¹ / ₂ " - 18 ¹ / ₈ " (32-46 cm) for leg length > 19 ³ / ₄ " (50 cm)	_____	_____	_____
LFC	10"-11 ⁷ / ₈ " (25-30 cm)	18" - 24" (46-61 cm)	_____	_____	_____
XLFC	12"-14" (30-36 cm)	18" - 24" (46-61 cm)	_____	_____	_____
	Regular: Greater than 15" (38cm)			Regular: Greater than 27" (68.5cm)	
	Petite: 15" (38cm) or less			Petite: 27" (68.5cm) or less	

For Knee High, Measure Ankle and Calf. For Thigh High, Measure Ankle, Calf and Thigh. For Waist High, Maternity and Chap, Measure Ankle, Thigh and Hip.