

New & Improved

FREE Spirit[®]
KNEE and LEG WALKER



ITEM NO. P4000

Made in Taiwan

©2010-2 ESSENTIAL MEDICAL SUPPLY, INC.®

US Patent No. 7.780.180

Manufactured for
ESSENTIAL[®]
MEDICAL SUPPLY, INC.
Orlando, FL

— SAVE THESE INSTRUCTIONS —



Do not attempt to adjust or operate your
without carefully reading all instructions in this manual.
If, after reading this manual, you have any questions, please call
your place of purchase or Essential Medical at (800) 826-8423.

SET UP INSTRUCTIONS

STEP 1. UNPACK

Remove all contents from carton.
It should contain the following:

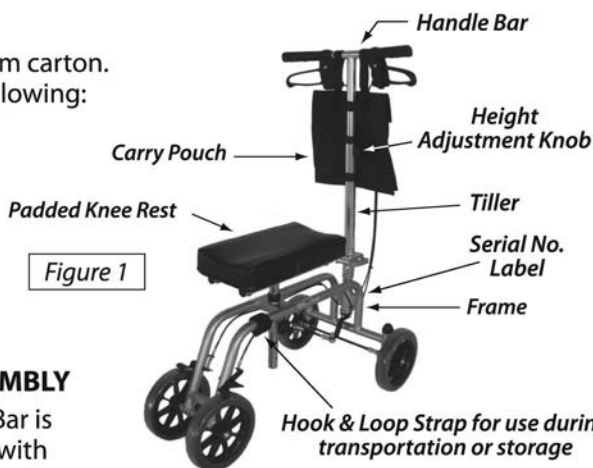


Figure 1

STEP 2. TILLER ASSEMBLY

The Tiller with Handle Bar is shipped unassembled with brake cables connecting the tiller and frame. Slip the Tiller over the front bracket; make sure the angled Handle Bar points toward the knee rest. Slip the Thin Washer ② onto each Bolt ① and insert Bolts through holes in bracket. Install Thick Washer ③ onto protruding Bolts ① and tighten assembly with nylon locking Hex Nuts ④ as shown in Figure 2, using #4 Allen Wrench (provided) and adjustable wrench. Adjust Handle Bar up or down by removing the Knob and Screw from the hole in the Tiller and insert the Screw back in the hole at desired height. Tighten the Knob. Make sure the Knob is fully tightened.

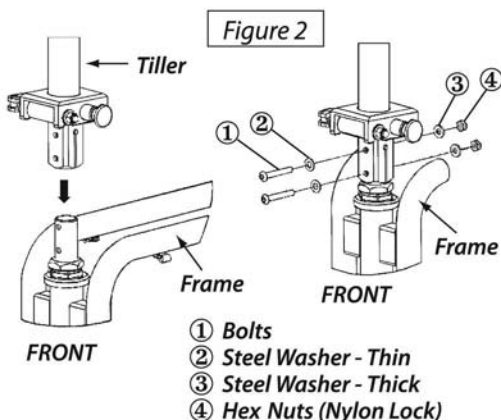


Figure 2

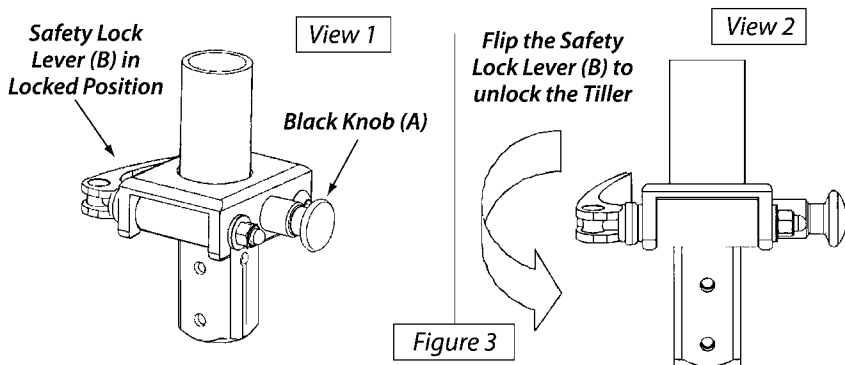
**Do not use the knee and leg walker if there is apparent damage and/or if parts are missing.
Please call place of purchase for repair/return information.**

SET UP INSTRUCTIONS (continued)

STEP 3. PADDED KNEE REST ASSEMBLY

Slip the padded knee rest into the hole in the frame. Lock it in place at the desired height as recommended by your medical professional, using the black knob and bolt provided. Tighten the knob securely.

STEP 4. TILLER FOLDING MECHANISM - FRONT VIEW



The Tiller folding mechanism is in place and properly tightened for upright position when shipped from the factory (see *View 1 of Figure 3*). If you have received your unit with the Tiller folded or you need to fold it, follow the proper locking/unlocking instructions below:

1. **TO FOLD DOWN** — flip the Safety Lock Lever (B) to unlock the Tiller as shown in *View 2 of Figure 3*. Pull out the Black Knob (A) to release the Tiller and begin folding the Tiller toward the knee rest. Release the Black Knob (A). Secure folded Tiller under the knee rest with the Hook & Loop Strap.
2. **TO RAISE UP** — unhook the Hook & Loop Strap and begin lifting the Tiller until the Black Knob (A) snaps into the Tiller's lower body. Fold the Safety Lock Lever (B) to its original locked position (as shown in *View 1 of Figure 3*) to secure the Tiller in the upright position. Make sure the Hook & Loop Strap is wrapped securely around the frame below the knee rest.

CAUTION: DO NOT LOOSEN THE CAP NUT OF THE TILLER'S FOLDING MECHANISM. IT IS PRESET BY THE FACTORY TO PROVIDE THE REQUIRED TENSION WITHIN THE TILLER'S BODY TO SAFELY LOCK THE TILLER IN PLACE.



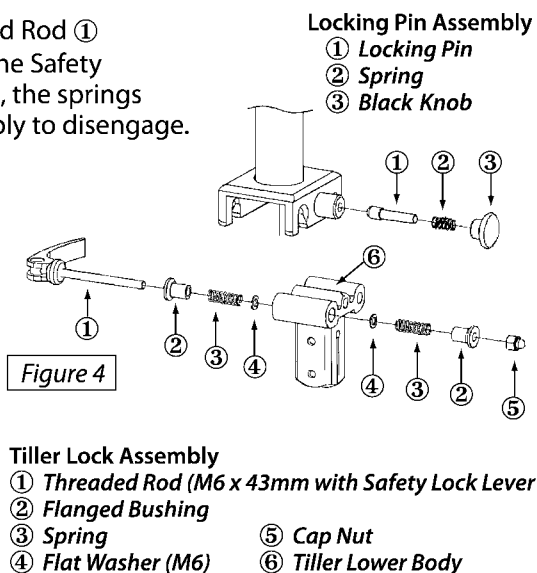
ATTENTION: The Black Knob (A) is for positioning **ONLY** and is **NOT** the safety lock for the tiller. The Safety Lock Lever (B) **MUST** be properly folded into the locked position for your safety. The Black Knob **MUST** be pulled out prior to folding down the tiller.

SET UP INSTRUCTIONS (continued)

DETAILS OF TILLER LOCKING ASSEMBLIES

If for any reason the Threaded Rod ① becomes loose from either the Safety Lock Lever or the Cap Nut ⑤, the springs inside may cause the assembly to disengage.

If this happens, make sure to locate all the components and reassemble them back into the tiller assembly as shown in Figure 4. If some components are missing, contact place of purchase/ rental or Essential Medical at 1-800-826-8423.



USER WARNING - Read Immediately



- Do NOT use on stairs or escalator.
- Do NOT let someone push you. The Free Spirit® is not designed to be used as a wheelchair.
- Do NOT stand on your unit.
- Children under twelve should not use the unit.
- Always lock loop hand brakes when getting off or on the unit.
- This unit is not recommended for elderly or infirm individuals.
- Do NOT use the unit over curbs or rough terrains.

USE and SAFETY INFORMATION

USER WEIGHT LIMIT: 400 lbs.

- You should receive complete instructions from your medical equipment provider prior to use. If you are not comfortable using the unit or do not understand how to operate the Safety Lock Lever contact your provider immediately.

USE and SAFETY INFORMATION *(continued)*

- When you start using your Free Spirit®:
 - Practice turns slowly until you get the “feel” of your unit.
 - Do NOT mount or dismount on an incline.
 - Stay on hard surfaces and off grass and sand.
 - Do NOT use on or over stairs.
- Care should be taken to ensure that all hand and height adjustments are secure, and that all wheels are in good working order before using this unit.
- Be sure that height adjustment knobs are fully tightened. Test unit for stability before applying full weight to hand grips.
- Test the loop brakes before operating the unit. When wheels are locked the brake bar on rear wheels should prevent wheels from turning. If the rear wheels turn while brakes are locked, please take unit back to place of purchase for adjustment. When loop brakes are released, the wheels should turn freely. *(See page 5 for Brake Operation.)*
- The Black Knob is for positioning of the locking mechanism. Only the proper tightening of the Safety Lock Lever will safeguard you as you use the Free Spirit®.
- All wheels MUST be in contact with the floor at all times during use. This will ensure the unit is properly balanced.
- To prevent tipping which may result in injury or damage:
 - (a) DO NOT attempt to reach objects if you are kneeling on the knee rest.
 - (b) DO NOT hang anything from the frame of your unit.
Items should be placed in the tote bag designed for your unit.
 - (e) DO NOT add to your load when you are using the unit.
*The above situations will cause a change of weight distribution and may cause the unit to tip, resulting in injury or damage.
Always use EXTREME caution when reaching for any object.*
- The knee rest is not designed for sitting or supporting full body weight.
- This is a walking aid only and not intended for use as a transportation device or a toy scooter.
- If push handles are exposed to extreme temperatures (above 100° F or below 32° F), high humidity and/or become wet, prior to using unit, ensure handgrips DO NOT twist on frame handle - otherwise damage or injury may occur.
- Replace tires when worn or damaged.

LOOP HAND BRAKE OPERATION

Always operate wheel locks on both sides at the same time.

■ To Slow or Stop Unit Temporarily

Pull up on the loops with the fingers until the unit slows or stops.

■ To Lock Wheels in Position

Push the hand loops down until you "feel" the hand loops snap into locked position and the brake bars lock onto the wheels.



■ To Release Wheel Locks

Use your fingers to pull the loop handles back towards the handle bar into their original neutral position.



WARNING



Brakes are subject to wear and tear. If the brake bar does not contact the wheel and/or a loop brake cracks, breaks or does not function properly, return unit to a service center immediately.

CLEANING, CARE and MAINTENANCE

Your new **≡FREESpirit®** is a mechanical device with moving parts and like all mechanical devices needs regularly scheduled maintenance. Much you can do easily, however, if you find problems in periodic checking, please return unit to place of purchase/rental for service or repair.

Periodic maintenance should occur upon return by rental customer or be scheduled by customer when in use.

DEALERS

Before each new rental perform weekly and monthly checks.

CLEANING, CARE and MAINTENANCE *(continued)*

WEEKLY CHECKS:

1. Squeeze brakes and lock to ensure they are working properly in both functions. Check brake plates to ensure they are contacting the tire surface.
2. Ensure that the steering mechanism operates correctly.
3. There are no cracks in frame, tubing and/or welds.
4. All wheels in good condition with no significant wear and tread is in place.

MONTHLY CHECKS: *Do 1-4 above and the following:*

1. Check for missing parts including:
 - a) Height adjustment knobs and bolts for the tiller and knee pad
 - b) Front pouch
 - c) Tiller lock assembly nut and bolts
2. Ensure that tiller positioning Black Knob is functioning properly.
3. Ensure that the Safety Lock Lever is functioning properly.
4. Inspect tires for wear and embedded debris that could cause damage.
5. Ensure that all wheels turn freely.
6. Visually inspect frame for paint cracks or bulges that may indicate frame damage (pay close attention to welded joints).
7. Replace wearable parts such as handle bar grips, knee rest, wheels, and brake cables as needed.
8. Inspect and check for looseness in the:
 - a) Tiller assembly bolts
 - b) Wheel mounting bolts
 - c) Brake mounting bolts
 - d) Steering assembly bolts

YEARLY CHECKS:

1. Re-grease or replace headset bearings
2. Replace brake cables *(or more frequently depending on use)*

EVERY 2 YEAR CHECKS:

Replace wheels *(or more frequently depending on use)*

CLEANING:

Wipe frame with a damp cloth to remove dirt and dust as needed.

STORAGE:

Keep unit indoors overnight and do not expose to salt air or harsh environments. If exposed, inspect for damage and clean before using.

Essential Medical Supply, Inc. Limited Warranty

Essential Medical Supply, Inc. ("Essential") warrants its products free from defects in materials and workmanship ("Warranty") for a Limited Lifetime from the date of purchase ("Warranty Period"). The Warranty extends only to the original purchaser of Essential products. If within the Warranty Period there is a breach of Warranty as to an Essential product, such product shall be repaired or replaced at Essential's sole discretion. This Warranty does not include any labor or shipping costs incurred in replacement, part installation, or repair of any Essential product. ESSENTIAL'S SOLE OBLIGATION AND YOUR EXCLUSIVE REMEDY UNDER THIS WARRANTY SHALL BE LIMITED TO REPAIR AND/OR REPLACEMENT OF THE DEFECTIVE ESSENTIAL PRODUCT.

For Warranty service, please contact the dealer from whom you purchased your Essential product. In the event you do not receive satisfactory Warranty service, please write Essential directly at:

Essential Medical Supply, Inc.
Customer Service Department
6420 Hazeltine National Drive
Orlando, FL 32822-5121

Please provide the dealer's name, address, and date of purchase, and indicate the nature of the problem and the Essential product serial number.

Upon receipt of written notification, Essential will issue a return authorization. The defective unit or parts must be returned to Essential for Warranty inspection using the serial number as identification within thirty (30) days of the date of return authorization. DO NOT return products to Essential without Essential's prior written consent. Cash on delivery shipments will be refused and shipping charges must be prepaid.

Limitations and Exclusions: The Warranty shall not apply to products if 1) the Essential serial number has been removed or defaced; 2) the product has been damaged by negligence, accident, improper operation, maintenance or storage; and/or 3) the product has been modified without Essential's express written consent or repaired by an unauthorized third-party ("Warranty Disqualifying Events"). The Warranty Disqualifying Events include but are not limited to the addition of unauthorized parts or attachments or damage caused by circumstances beyond Essential's control, the occurrence of which shall be determined exclusively by Essential. The Warranty also shall not apply to problems or defects arising from normal wear and tear on Essential products and parts, including but not limited to rubber tips and hand grips, and failure to adhere to user instructions and safety precautions.

THE WARRANTY STATED HEREIN IS THE SOLE AND EXCLUSIVE WARRANTY OFFERED BY ESSENTIAL. THERE ARE NO OTHER WARRANTIES RESPECTING ESSENTIAL'S PRODUCTS, EITHER EXPRESS OR IMPLIED, INCLUDING BUT NOT LIMITED TO ANY WARRANTY OF DESIGN, MERCHANTABILITY, OR FITNESS FOR A PARTICULAR PURPOSE, EVEN IF ESSENTIAL HAS BEEN INFORMED OF SUCH PURPOSE. NO AGENT OF ESSENTIAL IS AUTHORIZED TO ALTER OR EXCEED ESSENTIAL'S WARRANTY OBLIGATIONS AS SET FORTH HEREIN. ESSENTIAL SHALL NOT BE RESPONSIBLE FOR ANY INDIRECT, INCIDENTAL, SPECIAL, OR CONSEQUENTIAL DAMAGES ARISING OUT OF USE OF ESSENTIAL PRODUCTS.

Product Serial No. _____

NOTE: Warranty voids if Serial No. label is removed or destroyed.

WARRANTY REGISTRATION

NAME


ADDRESS

CITY

STATE

ZIP

PHONE NO.

MODEL NO. P4000  **FREE Spirit**
KNEE and LEG WALKER

SERIAL NO.

DATE OF PURCHASE

PURCHASED FROM

CITY & STATE

MAIL TO: ESSENTIAL MEDICAL SUPPLY, INC.
6420 HAZELTINE NATIONAL DRIVE
ORLANDO, FL 32822-5121

P4000



MADE IN TAIWAN

**PLACE
STAMP
HERE**

ESSENTIAL MEDICAL SUPPLY, INC.
6420 Hazeltine National Drive
Orlando, FL 32822-5121