



Philips  
goLITE BLU energy light

**Pro**

rechargeable, international  
adapters



**HF3331**

# Boost your mood and energy

with clinically proven Bluewave technology

The Philips goLITE BLU energy light is a portable light therapy device which is designed to help you increase your energy level naturally and fight winter blues. Its small size makes it easy to use wherever it suits you best.

## **Increases your energy level naturally**

- Helps to fight winter blues
- Clinically proven\*

## **Easy to use and comfortable**

- Freedom to do other activities during treatment duration
- Backlit touch screen to adjust timer and light intensity
- Advanced diffusion optics provide a soft, even light

## **Use everywhere**

- Rechargeable battery, travel case and international adapters
- Small, compact design that's easily portable

## **Advanced blue LED technology**

- Results in as little as 15-45 minutes a day
- Long lasting blue LEDs
- Wider treatment field for flexibility



**PHILIPS**  
sense and simplicity

# Highlights

## Clinically proven\*



Independent clinical research shows that the blue light from the summer sky triggers our bodies to be active and energetic, and regulates our mood.

## Effective treatment

Using the goLITE energy light for as little as 15 to 45 minutes a day naturally improves your mood and energy level throughout the day.

## Be flexible during treatment



A wide field of light gives the freedom during treatment to engage in activities such as computer work, reading or watching TV.

## Portable



Sleek design, rechargeable battery and international adapters make the device easy to use, store and travel with.

## Customize your treatment

Set the timer according to your needs by using the touch display and choose the right level of brightness out of the four levels by using the dimmer.

## Long lasting blue LEDs



These blue LEDs have a lifetime of over 50 years, if the appliance is used 30 minutes a day throughout the year.

# Specifications

## Comfortable light

- Advanced diffusion optics
- Wide treatment field

## Easy to use

- On/off button
- Pause function
- Backlit touch screen
- Built in clock
- Treatment reminder alarm
- Treatment timer

## Portable

- Internal rechargeable battery
- International power adapters
- Protective case included
- Small, compact design

## Safety

- Complies to IEC 60601-1 Ed. 3
- cTUVus safety mark
- FCC Part 15 compliance
- UV-free: No UV or near UV radiation

## Technical specifications

- Power: 12 W
- Voltage: 100-240 V
- Frequency: 50/60 Hz
- Type of lamps: LED
- Lifetime of lamps: 10,000 hour(s)
- Adapter cord length (cm): 180 cm

## Logistic data

- Country of origin: China
- CTV code: 884333160

## Weight and dimensions

- Product dimensions: 14x 14 x 2.5 cm
- Product weight: 0.4 kg
- Box dimensions (WxHxD): 5 3/4 x 5 7/8 x 3 5/8 in - 14.6 x 14.9 x 9.2 cm
- Box weight: 0.75 kg
- Master carton: 4



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\* Anderson, J. et al. Acta Psychiatr Scand 2009 120: 203-12