

**ResMed**

**AirFit™ F10**

Full face mask



## Full face benefits in a compact size

ResMed's AirFit™ F10 full face mask is part of ResMed's AirFit range – the right fit for you. Its lightweight, streamlined design enhances comfort and ease-of-use, while its headgear and frame work in synergy, to deliver the same performance and stability you have grown to trust in a ResMed traditional full face mask.

### Superior comfort

AirFit F10's sleek, lightweight design gives patients a clear line of sight so they can read, watch TV or even wear glasses while wearing the mask. In fact, 75% of patients found AirFit F10 to be more comfortable than their current ResMed traditional full face mask.\*

### Proven performance

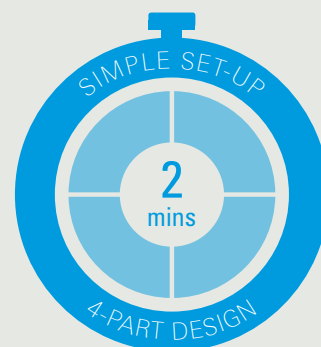
The dual-wall Spring Air™ cushion provides a secure seal for better performance. When asked about AirFit F10's seal and stability, the majority of patients we spoke to, told us that it outperformed their ResMed traditional full face mask.\*

### Ease-of-use

The mask's four-part design makes it easy for you to demonstrate and for patients to take apart, clean and reassemble. Its intuitive design seamlessly integrates into your patient's bedtime routine.

# Quick to fit, easy to use

A recent ResMed study showed that the majority of patients could be set up and fitted with AirFit F10 in under two minutes.\* Thanks to its built-in simplicity and four-part design, the mask is also easier for patients to use — helping to reduce call backs and save time. You can be sure AirFit F10 is the right fit for your business.



## AirFit F10 features and benefits

**SoftEdge™ headgear** is gentle on the skin and features premium rolled-edge fabric for reduced facial marking.

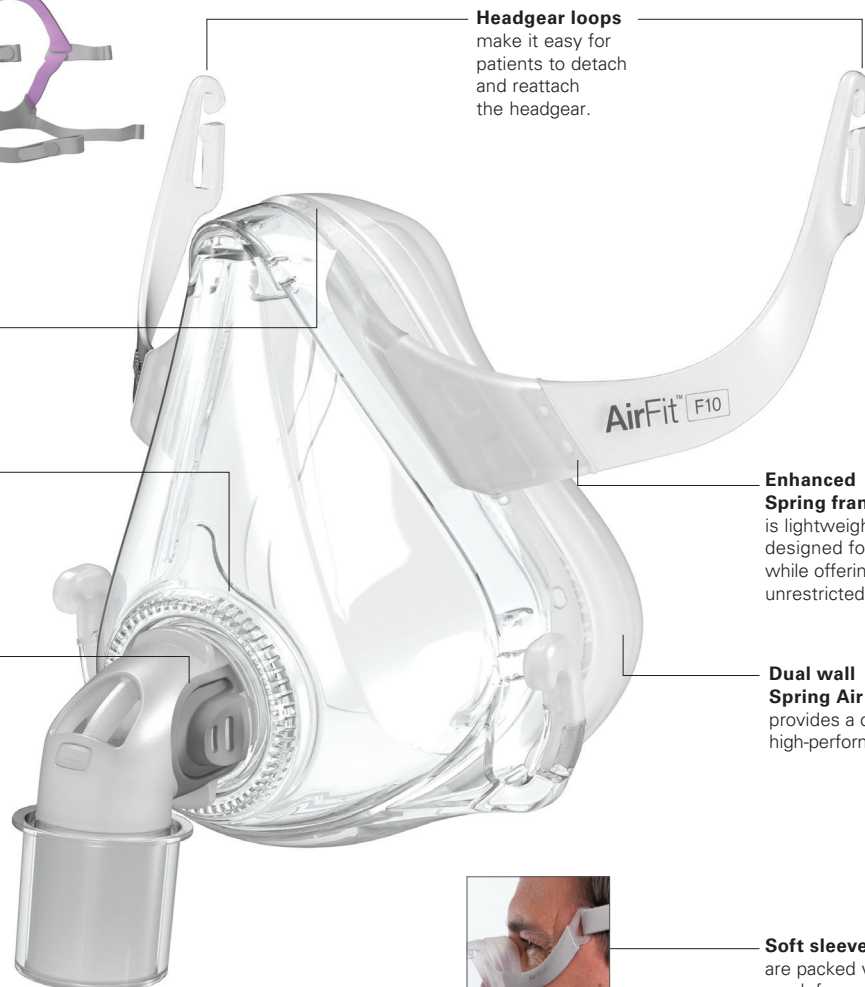


**Headgear loops** make it easy for patients to detach and reattach the headgear.

**Cushion-to-frame connection** makes attaching the cushion to the robust frame easy.

**Circular diffused venting** disperses air gently and quietly away from the bed partner.

**Quick-release elbow** with side buttons for fast detachment.



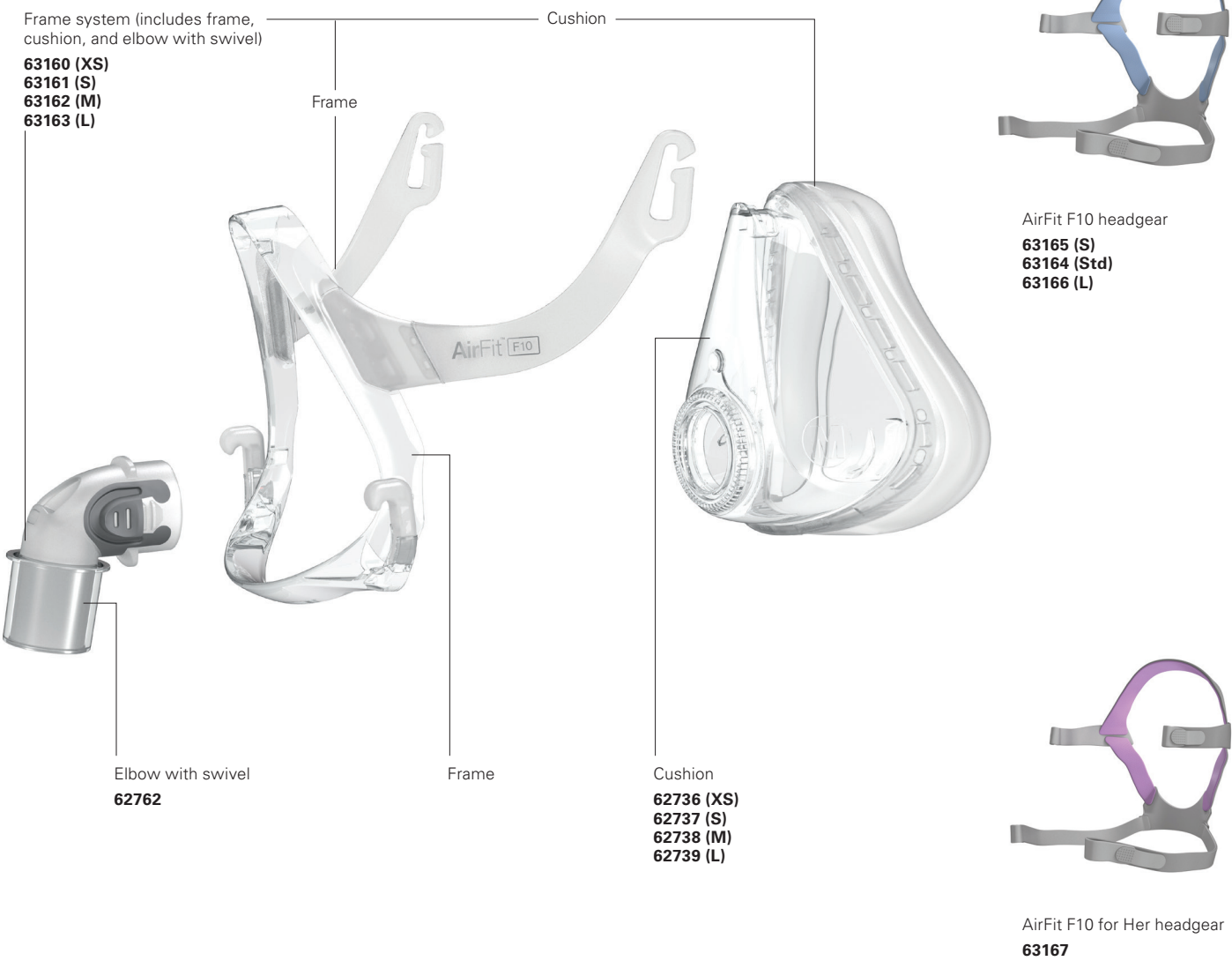
**Enhanced Spring frame** is lightweight and designed for stability, while offering unrestricted vision.

**Dual wall Spring Air cushion** provides a comfortable, high-performance seal.



**Soft sleeves** are packed with the mask for even more patient comfort.

# AirFit F10 components



**Note:** For more details, refer to the AirFit F10 User Guide.

## Product codes

(Complete mask system)

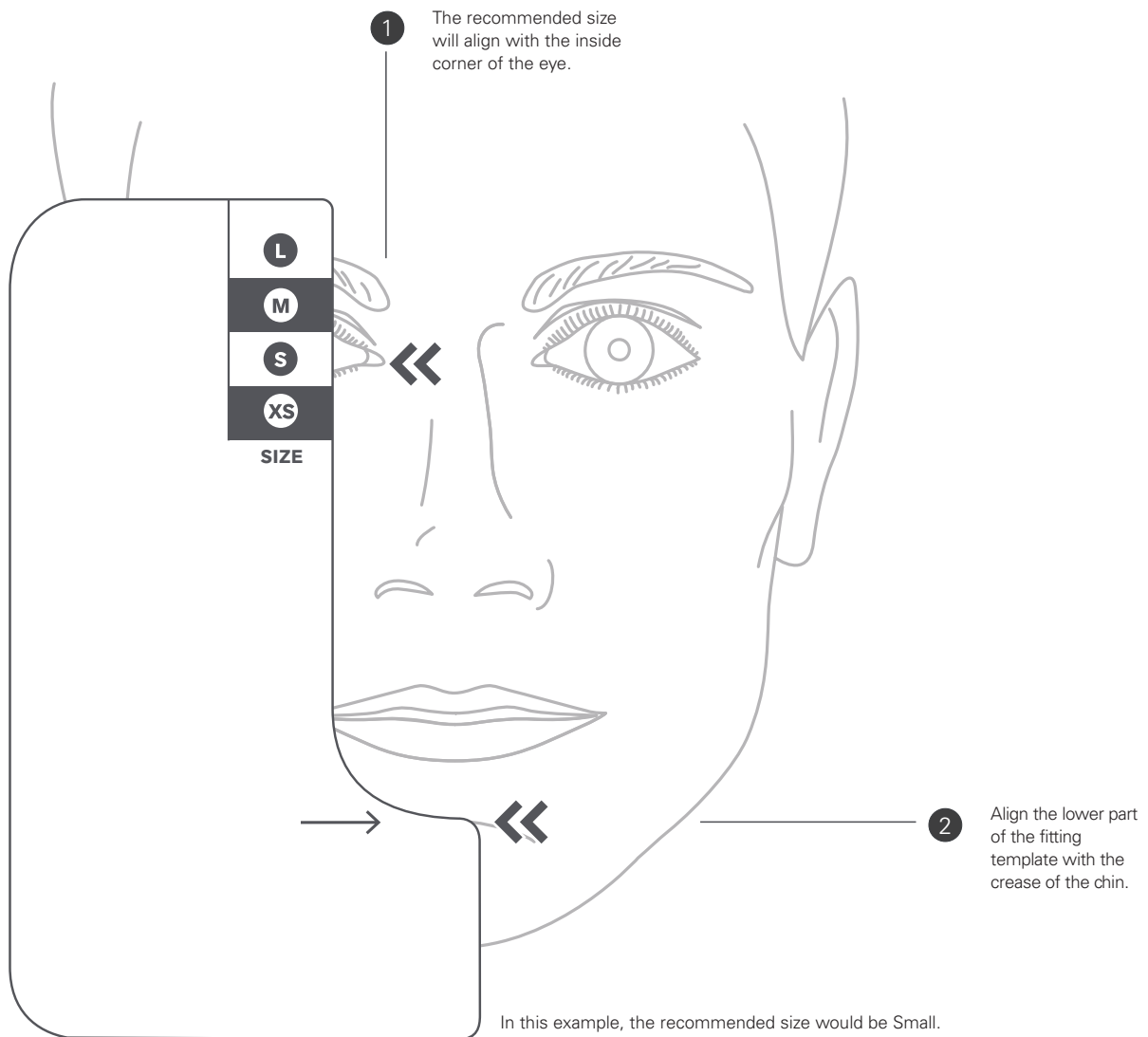
AirFit F10: Small	<b>63101</b>
AirFit F10: Medium	<b>63102</b>
AirFit F10: Large	<b>63103</b>
AirFit F10 for Her: X-Small	<b>63139</b>
AirFit F10 for Her: Small	<b>63140</b>
AirFit F10 for Her: Medium	<b>63141</b>

\* Combined responses of those expressing a preference in an independent patient survey in the USA, UK, Germany, France & Australia, from September 2012. Visit [www.ResMed.com/maskbrand](http://www.ResMed.com/maskbrand)



## AirFit F10 sizing tips

AirFit F10 is sized by aligning the lower part of the fitting template with the crease of the patient's chin. The recommended size is determined by the size on the template that aligns with the inside corner of the eye. Use this fitting template as a guide to size your patients for AirFit F10.



### Useful information

- Ensure the patient's mouth is relaxed and closed when sizing.



## Optimal cushion positioning

AirFit F10 sits on the nose at around eye level.



## Fitting tips for AirFit F10

- When fitting the mask, ensure that the base of the cushion sits at the crease of the patient's chin and then swing the mask upwards towards the patient's nose.
- Do not over-tighten when adjusting the headgear straps.
- With the therapy device blowing air, lift the cushion off the patient's face and then re-seat it, so the cushion inflates correctly.

\* ResMed internal study of existing ResMed patients, conducted between July 25 and September 4, 2013 comparing their ResMed traditional full face mask with AirFit F10.



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## Fitting guide for AirFit F10



- Remove the elbow from the mask by pressing the side buttons and pulling it out.



- Take off the lower headgear straps and hold the cushion to the face. Align the bottom with the crease of the chin and the top with the corner of the eye.
- Then pull the headgear over the head.



- Undo the fastening tabs on the upper headgear straps.
- Adjust both straps evenly until the mask feels stable, then reattach the tabs.



- Bring the lower straps below the ears and loop the headgear into the lower hooks on each side of the frame.



- Adjust the lower headgear straps evenly until the mask feels stable.
- The fitting should be firm yet comfortable. Do not over-tighten.



- Connect device air tubing to the elbow, then attach the elbow to the mask by pressing in the side buttons, then push it into the mask.
- Turn on the device so it blows air.
- The patient now lies down to make any final adjustments if required.



- Undo the tabs on the upper headgear straps.
- Reposition both straps evenly, only enough so a seal is achieved, then reattach the tabs.
- The mask is now ready to use.



### Additional options

- Position the lower part of the headgear over or under the hair to suit the hairstyle preference.
- Optional soft sleeves may be assembled for even more comfort on the cheeks.

**Note:** For more details, refer to the AirFit F10 User Guide.